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# BRIGHTER JOURNEYS TO THE AFTERLIFE: A NURSE RECALLS LIFELINE

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*An author and nurse, Patti has devoted her life to helping others. As a Gateway Outreach Trainer, Patti traveled throughout the US and Canada doing many Excursions and H+ workshops until 2004. Her book, "Traveling the Interstate of Consciousness: A Driver's Instruction Manual," recounts her Outreach journey.*

My sadness came on as I submitted my nursing license resignation in September of 2019. It was the end of a long chapter helping thousands of patients across eight states. Many memories came flooding back, amazing stories of lives challenged by major health issues. While reminiscing, an inspiration hit me to write about a few unforgettable patients. One page led to another, on and on, for more than fifty pages! Eureka! Three distinct stages revealed themselves over my 56 years as a nurse. I had literally followed an unconscious plan, the work of my awesome spirit: care of the Body, of the Mind and care of the Spirit.

At our nursing graduation in 1963, we committed to memory the Florence Nightingale pledge describing a role "to aid the physician in his work, and devote myself to the welfare of those committed to my care". A lighting ceremony was carried out, emblematic of the symbol of nursing, the lamp Florence carried to the bedside of soldiers injured in the Crimea war (1854-56). She also carried a pet owl, named Athena (owl attributed by Native Americans as a messenger bringing light to the dark). Three owls have graced my life as well. The evolution of my path all makes sense now.

In the '60s and '70s I worked as a bedside nurse taking care of my patients' physical bodies. Medical-surgical, pediatric, OB, orthopedic units were my forte. Later, a college professor challenged me to move into a role of taking care of the mind. "After all, you have mastered body care." Stunned, I replied, "A mind doesn't have an arm and a leg, how am I supposed to do THAT?" Two years later I found myself completing a bachelor's degree in psychology allied with nursing, working in several psychiatric hospitals and then spreading my wings as a nurse consultant in healthcare providing change management services.

In the late '80s, wanting to improve my intuition, I landed in the Gateway Outreach Training program to become a full-time GO field Trainer, traveling throughout the US and Canada doing many Excursions and H+ workshops until 2004. My book,*"Traveling the Interstate of Consciousness: A Driver's Instruction Manual,*" was a ten-year

description of participants using Hemi-Sync® and the Focus states. During a debriefing session, a Winnipeg participant yelled out, “Patti takes the woo-woo out of metaphysics!” This shout out jiggled my mind to redefine the role I was playing. When clients said I was a teacher, it didn’t ring true. Eventually, I found myself saying I was an evocateer. That startled a few. I imagined my role as being someone who stands behind a person shining light on the meditative process. That fit. In 1998 at a Lifeline program, after doing a retrieval, I wrote, “This type of service is something I have pictured for a couple of years for we nurses. It means bringing light to nurses. Like waking up to who we are overall. And for others, being the Light. Lighting the way into the consciousness of the bigger picture from life to death and beyond!” After Lifeline I went to the Exploration 27 program and eventually began to offer Afterlife Guide services. Little did I know, this was to set the scene for a new nursing phase to emerge, one that continues to this day.

Recently, while reading old emails from clients in the ‘90s who had received Afterlife visit descriptions about their loved ones, I saw evidence of my trust growing in my abilities about what I was doing. Some of the “newgoners” provided information conquering my doubts about the accuracy of my service. Often the requesting person replied with a description about how this service helped them and their loved ones. Visit descriptions sent to clients not only have been read at memorial services but provided answers to questions asked by family or loved ones as well as closure.

In March, 2020, I decided to devote my travels to helping those who have died from COVID-19. After setting an intention based on COVID information from my Apple News feed, and with the help of two guides, weekly I have traveled to Focus 23 or elsewhere, looking for specific individuals. Babies, teens, couples and many doctors and nurses have allowed me to help them over. At times, their stories are overwhelming, lending a deep view of changes we are experiencing on this planet. So far, over two hundred people have been assisted. Being an Afterlife Guide is literally providing continuity of care. It’s evident I haven’t really hung up my nurse’s cap.

For decades, nurses have been seen as wallpaper, hardly there, not visible nor valued. However, since the COVID pandemic began, compassionate service provided by doctors and nurses has become more valued; a sign of the Aquarian Age and its hallmark of interconnectedness. Similarly, public health is gaining importance. The fact that nurses spend the greater part of a work day intimately involved in care of body/mind/spirit while carrying the Light goes to the heart of how to be a human being. Deep appreciation and acclaim go out to anyone who provides compassionate care during these challenging times.

Join us for the next Lifeline program!